

# Motivational Interviewing

## Effective Communication and Motivational Strategies In Working with Resistant Populations

Curt Swenson



### **Purpose:**

To provide practitioners, who are working with resistive, chemically dependant or criminal populations, with specific knowledge, skills and techniques to more effectively reduce offender resistance, increase offender motivation to change, and reduce individual criminal risk.

The specific areas that will be examined are:

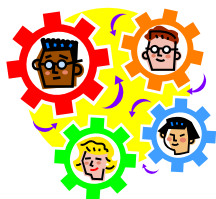
- ✓ **Effective interventions with this population**
- ✓ **Human factors related to resistance to change**
- ✓ **Communication techniques, (basic and advanced) designed to increase motivation**
- ✓ **“Stages of Change” as it applies in corrections**
- ✓ **Basic Communication Skills**
- ✓ **Advanced Communication Techniques**

**Who should attend:** This course is designed for correctional professionals with direct contact with offenders on a regular basis, particularly those with supervisory authority over offenders:

**Date:** April 28 – May 1, 2008  
**Time:** 8:00 am to 5:00 pm  
**Location:** Helena Pre-Release Center  
805 Colleen  
Helena MT 59601

**To register contact:**  
Geri Mason  
406-846-1320 ext. 2307  
gmason@mt.gov

**Cost:** \$27.00 made payable to:  
Montana Correctional Enterprises (MCE)



**Exceeding expectations keeps  
us on the path to success.**

DOC Staff are required to get approval from supervisor(s) and complete a training request form.

**IF ADEQUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED**

The DOC Training Unit makes reasonable accommodations for any known disability that may interfere with a person's ability to participate in training. Persons needing an accommodation must notify the Training Unit no later than 2 weeks before the date of training to allow adequate time to make needed arrangements. To make your request known, you can call 406-846-1320 ext. 2483 or lihunter@mt.gov.